# NDIS and Mental Health

## NDIA Products and Resources

### National Mental Health Sector Reference Group (NMHSRG) - Sector Communiques by the NDIA.

Click here: <https://www.ndis.gov.au/NMHSRG-June-2016.html>

**Description:** Following each meeting of the NMHSRG, a sector communique is developed with members and made available on the NDIS website. This communique provides information about the NDIA’s current mental health projects, including links to project scopes and to other websites and resources relevant to the mental health sector.

### Psychosocial disability, recovery and the NDIS factsheet by the NDIA.

Click here: <https://www.ndis.gov.au/medias/documents/heb/h21/8799160959006/Fact-Sheet-Psychosocial-disability-recovery-and-the-NDIS-PDF-774KB-.pdf>

**Description:** The factsheet details the concept of recovery within a psychosocial disability context and its’ application within the NDIS and individualised funding.

Key extract from factsheet: *“Recovery is about achieving an optimal state of personal, social and emotional wellbeing, as defined by each individual, whilst living with or recovering from a mental health condition”.*

### Completing the Access Process -Tips for Communicating about Psychosocial Disability by the NDIA.

Click here: <https://www.ndis.gov.au/medias/documents/ha5/h5b/8797799415838/Completing-the-access-process-for-the-NDIS-Tips-for-communicating-about-psychosocial-disability-PDF-KB-.pdf>

**Description:** *Completing the Access Process* document is a resource for mental health clinicians engaging with the Scheme.

\*The NDIA gratefully acknowledges the work and practical assistance of the ACT Government’s Health, Mental Health, Justice Health, Alcohol and Drug Services and Canberra Hospital and Health services in the development of this resource.

### Mainstream interface: Mental health service factsheet by the NDIA.

Click here: <https://www.ndis.gov.au/html/sites/default/files/documents/supports_ndis_fund_mental_health2_0.pdf>

**Description:** The factsheet details supports the NDIS will fund in relation to mental health services.

### Key Themes Arising from the NDIS and Mental Health Webinar by the NDIA.

Click here: <https://www.ndis.gov.au/html/sites/default/files/documents/NDIS-Mental-Health-Key-Themes.docx>

**Description:** The ‘NDIS and Mental Health’ webinar generated a large amount of community interest with over 700 people participating in the live stream.

A transcript, video recording and a NDIA response to *Key Themes Arising from the NDIS and Mental Health Webinar* are publically available on the NDIS website.

### NDIS and Mental Health Webinar by the NDIA.

Click here: <http://webcast.viostream.com/?viocast=7837&auth=09bf0e32-3eac-49c5-8cbc-337067bc65ad>

**Description:** To mark Mental Health Week, the NDIA hosted a NDIS and Mental Health Webinar on Wednesday, 7 October 2015. The expert panel included NDIS participants and those with lived experience. Discussion focussed on how people with psychosocial disability are using the NDIS to improve their lives.

### Carers Australia Victoria – Interview with Eddie Bartnik by Carers Australia.

Click here: <https://www.carersvictoria.org.au/file-assets/interview/eddie-bartnik/>

**Description:** *Carers Australia Victoria – interview* ***i***s a resource detailing the NDIA leading work around mental health / psychosocial disability, Local Area Coordination and Information, Linkages and Capacity Building (previously called Tier 2 of the NDIS).

### Mental Health and the NDIS: A Literature Review commissioned by Mind Australia for the NDIS by the Independent Advisory Council (IAC).

Click here: <https://www.ndis.gov.au/html/sites/default/files/files/Mental-health-and-the-NDIS-Literature-Review.pdf>

**Description:** Jointly published on the 20th May 2015, the paper provide expert advice to inform community expectations on: access to the NDIS, the nature of supports that may be provided by the NDIS, and more broadly, the current state of evidence relating to the impact of psychosocial disability in the context of the implementation of the NDIS.

### Psychosocial Disability and the NDIS: An Introduction to the Concept of Holistic Psychosocial Disability Support by Paul O’Halloran.

Click here: [https://www.ndis.gov.au/html/sites/default/files/O'Halloran%20paper.pdf](https://www.ndis.gov.au/html/sites/default/files/O%27Halloran%20paper.pdf)

**Description:** Jointly published on the 20th May 2015, the paper provide expert advice to inform community expectations on: access to the NDIS, the nature of supports that may be provided by the NDIS, and more broadly, the current state of evidence relating to the impact of psychosocial disability in the context of the implementation of the NDIS.

### The NDIS Independent Advisory Council Advice on Implementing the Scheme for People with a Psychosocial Disability by the NDIA.

Click here: <https://myplace.ndis.gov.au/ndisstorefront/about-us/governance/IAC/iac-advice-mental-health.html>

**Description:** This document, along with the Agency Response to the IAC advice on implementing the Scheme for People with a Psychosocial Disability was developed for the NDIA Board’s consideration. They are publically available on the NDIS website.

## External Resources

### Mental Health Perspectives - National Disability Insurance Scheme (NDIS) by the NSW Mental Health Commission.

Click here: <https://www.youtube.com/watch?v=9X-ea-O50Vg>

### Mental Health Australia – Sector Development by Mental Health Australia.

Click here: <https://mhaustralia.org/ndis-capacity-building-project>

### Unravelling Psychosocial Disability - Position Statement by the National Mental Health Consumer and Carer Forum (NMHCCF).

Click here: <http://nmhccf.org.au/publication/unravelling-psychosocial-disability-position-statement>

## Contact

For further information email: Mental.Health.Team@ndis.gov.au